

# RVMS Learning Suggestions

Week 9: June 8-June 12

Grade 8 FI

Literacy		Numeracy	
<b>FILA</b> Terminer votre <a href="#">album souvenir</a> de vos années à RVMS avec vos souvenir favoris de votre temps à RVMS.		<b>Jeu de la semaine :</b> <a href="#">Toss Up!</a>	
<b>ELA</b> Hey, you made it! Good job 😊 Time to learn a useful skill, and write <i>just one more poem</i> , and then celebrate the beginning of your summer. See " <a href="#">ELA Week 9</a> ," attached. Peace.		<b>Activité de la semaine :</b> <a href="#">Les coordonnées- photo mystère</a>	
		<b>Problème de la semaine :</b> <a href="#">Math 8 Semaine 9 Puzzles and Brain teasers!</a>	
Science		Social Studies	
Pour cette <a href="#">dernière semaine</a> , on apprend à propos des habitats d'animaux. Activité 1: Va dehors pour une promenade et remplis le tableau. Activité 2: Discute avec ta famille à propos de pourquoi les oiseaux font des nids durant le printemps et ensuite regarde la vidéo de "Mystery science". Activité 3: Vérifie le "Bonus Box" et observe le top 5 des nids d'oiseaux. Activité 4: Tente de créer ton propre nid d'oiseau.		 <p>Provinces atlantiques</p>	Terminez votre travail sur un artiste quelconque des provinces Atlantiques.
Technology, Music, Art & Physical Education			
Hey Raiders, For the final week we'll give you a challenge: We have presented to you how to become physically fit, eat healthy, understand soft skills needed to be successfully employed, what personal branding is about, impact music has had on generations/fashion/social movements during the different decades. Your project: What do you want to be in life and how are you going to get there? As always, stay calm, stress-free and keep everything in perspective. Have the best summer and vacation ever! <b>PE Fitness plan:</b> Review the <a href="#">FITT chart for muscular strength</a> and fill in your student activity sheet under the column Muscular strength. Please fill in your exercise log and continue training for the virtual 5km Rave Run for those of you that want to challenge yourself. Stay tuned, stay healthy and Raider Strong! See attachment for details. ~ Mr. Vincent, Mr. Shiels, Ms. Barrett and Mme. Sawyer			
Guidance			
Some food for thought and reflection on this final week of learning: <i>"I believe that as humans, we are capable of self-growth, healing, and experiencing happiness. I believe that often the journey towards healing needs to begin with developing affect regulation skills (the ability to gain control over those strong emotions that come on like tidal waves and seem to hijack our rational brain)."</i> Susan Guttridge, BA MC CCC Have an amazing summer! Smile! – Mrs. Harrington.			
<b>As of June 1<sup>st</sup>, Teacher Office Hours will be 8:30-3:30, Monday to Friday.</b> <b>At this time, schools remain closed to the public.</b>			